

TEACHING SPORTSMANSHIP

DEFINITION OF GOOD SPORTSMANSHIP

SPORTSMANSHIP is shared respect and fair and equitable behavior between coaches, players, officials, and fans, regardless of what is happening within the game.

ROLE OF THE COACH

Play within the rules

Model team standards in games and at practices

Respect officials even if you disagree with a call

Speak respectfully about opponents

Avoid gloating or sulking after a victory or loss

Communicate clear standards for players and parents before the season starts

Lead by example. Ensure your actions match your words

SPORTSMANSHIP IN ATHLETES

Observe and assess your athletes for good sportsmanship. When needed, encourage or appropriately correct. Address improper behavior *without* shaming or embarrassing the athlete. Good sportsmanship in athletes is demonstrated in the following ways :

- Congratulating opponents for great plays
- Respecting officials
- Celebrating their own great plays appropriately
- No criticizing or teasing teammates for mistakes made
- Supporting and encouraging their teammates
- Making eye contact and shaking hands with opponents after competitions

DEFINE 'WINNING'

Define "winning" beyond just victories, and clearly communicate what you will consider a successful season. Celebrate every "win".



VICTORIES



PERSONAL GROWTH



IMPROVEMENT



PUTTING FORTH EFFORT

IMPORTANCE OF GOOD SPORTSMANSHIP

- 1 Participation in sports has positive effects on mental and physical health.
- 2 Poor sportsmanship makes sports less enjoyable and can lead to athletes quitting.
- 3 Good sportsmanship instills empathy and respect for others as well as self-control.
- 4 Through good sportsmanship athletes learn how to handle both winning and losing.

CONTENT CREATED BY :



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